

# HIKE FOR HOSPICE 2016



We extend a warm thank you to hikers, sponsors, volunteers, and hosts, Grant Thornton, LLP Kentville for your support of the 4th annual Hike for Hospice. \$13,300 was raised for our Valley Hospice. It was a beautiful day for a Hike!

Building a residential Hospice is a promise that has been made to the Valley. It is well known that given meaningful choice most people would choose to die at home, but this is not always a real option. The Valley Hospice Foundation is involved in a planning process with the Nova Scotia Health Authority. On May 1, Minister Glavine joined the 4<sup>th</sup> annual Hike for Hospice to reassure the Valley that an official announcement will soon emerge about our long awaited Hospice.

You continue to show your love and support for the Hospice and should be proud that our Hospice in the Annapolis Valley will be one of the first in Nova Scotia.

On May 1 we joined other communities across Canada to raise funds, awareness and to celebrate Hospice and Palliative Care. Each year the first Sunday of May marks the beginning of Hospice Palliative Care Week in Canada.

Spreading awareness and education is one of the best ways to advocate for care and to ensure that everyone has access to quality hospice palliative care. At a time when physician assisted death has captured the attention of media, we join the Canadian Hospice Palliative Care Association in calling on Canadians to talk about *Hospice Palliative Care First*. Hospice palliative care is not just for the final days or months of life. It's a holistic approach to care that strives to help both patients and families throughout the entire course of chronic and life limiting illness.

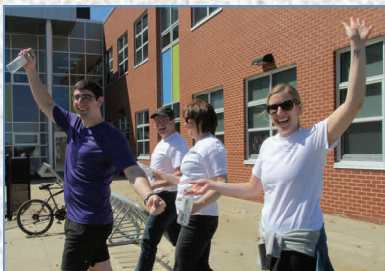
Resources can be found at [www.chpcca.net/hpcfist](http://www.chpcca.net/hpcfist).

Please come hike with us again on May 7, 2017!

Thank you!  
Diana Patterson, Chair  
Valley Hospice Foundation



**\$13,300 raised!**



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*Thank you for Hiking for Hospice!*



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